



Who Says You Can't Podcasts Series 2 Episode 4: Jimothy

[Music]

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Rick: [00:00:26] Hello, and welcome to Series 2 of Who Says You Can't, the podcast from EE that celebrates those that fly in the face of convention. I'm Rick Edwards and in this new series, I'll be talking to people who didn't wait for an invite to create their dreams, people who have used all the digital tools at their disposal to make it and who took You Can't Do That as a challenge and just did it anyway.

Each guest has handed over their phone for me to have a good old look through, and I'll be asking them questions based on what I dig up. If you want to get a peek at what I find, you can see them on EE's YouTube channel, now. Today's guest is rapper and musician Jimothy, be half musician, half mystery. Who says you can't? Jimothy, hello.

Jimothy: [00:01:10] Hello.

Rick: How're you doing?

Jimothy: I'm good, I'm good. How about you?

Rick: I'm really good, actually. I'm excited about having a little chat.

Jimothy: Yeah, yeah.

Rick: And thank you very much off the bat for letting me have a look through your phone.

Jimothy: Yeah, yeah.

Rick: And I'm going to pull some stuff out that we're going to discuss. So for anyone who hasn't seen any of your work or heard your work, how would you describe



yourself? How would you describe Jimothy?

Jimothy: Well, every genre.

Rick: Every genre, it's a big claim.

Jimothy: [00:01:39] Well, I mean, you know, at the end of the day it's like I used to always like say, you know, I'm hip-hop/pop, pop/hip-hop, but you know what I think it's just about you listening, you know, listen to the songs if you want. And you can make the judge of it yourself, you know, 'cause I think like all these genres are just getting a bit crazy now, you know what I mean?

Rick: So you don't like to be pigeonholed?

Jimothy: [00:02:00] Not at the moment, no. Yeah, maybe in the future, yeah.

Rick: You've changed your name sort of from Jimothy Lacoste just to Jimothy now.

Jimothy: Yeah.

Rick: Have you dropped the Lacoste totally, could it come back again?

Jimothy: [00:02:13] No. Lacoste has always been there.

Rick: And it will always be there?

Jimothy: Yeah, yeah.

Rick: But just like you've simplified it for now.

Jimothy: Yeah, that's it, yeah.

Rick: Okay, what made you decide to do that?

Jimothy: [00:02:22] You know what, that's for me to know and for everyone else to find out. But Lacoste is there; Lacoste will always be there and it's there to stay for now, yeah.

Rick: Okay, so it's just bubbling under.

Jimothy: Yeah.



Rick: Yeah, I like it, it's mysterious.

Jimothy: [00:02:36] Yeah, yeah. Yeah. Yeah, it's the best way to be, man.

Rick: I feel like you're going to keep me guessing in this chat, aren't you?

Jimothy: Yeah.

Rick: Ha-ha, I don't mind it.

Jimothy: [00:02:44] A lot of people get frustrated with me, 'cause every time they ask certain questions and I don't want to answer it, they then get ... some people get offended, some people like it, some, you know, yeah.

Rick: I think I'm going to like it.

Jimothy: That's good, that's good, that's good.

Rick: I'm pretty sure I'm not going to get offended, but you never know, you never know.

Jimothy: [00:02:59] Yeah, you never know.

Rick: Let's not rule it out.

Jimothy: No, yeah.

Rick: I've got a good photo of you here as a very young man at a house party.

Jimothy: Yeah.

Rick: This one.

Jimothy: Yes, yeah.

Rick: How old are you there?

Jimothy: [00:03:14] So I will not say the age, but I will –

Rick: Give me, give me an idea, how long ago was it?

Jimothy: It was around I think five years now.



Rick: Five years ago, OK.

Jimothy: Yeah.

Rick: And so was this pre Jimothy beginning then?

Jimothy: [00:03:33] So that was the very first house party that I went to, and I was with my boy Taylor. He brought me into the house party, but I wasn't invited. A lot of us weren't invited. Some people –

Rick: I know those parties.

Jimothy: [00:03:50] Yeah, yeah, exactly, you know, so that was the first house party. I didn't have any music out then, but I already kind of knew myself back then. I was doing my photography back then.

Rick: Okay.

Jimothy: [00:04:07] Back then I believe I've maybe have taken like 400 photos altogether, which isn't very much. Some people could take that, you know, in one hour. But it was more, you know, I was more into my photography back then.

Rick: When did you transition into the music then?

Jimothy: [00:04:25] I transitioned in ... So basically, what happened was, I was at college. Within like, I don't know, a few months after that, that's when I came out with the first song, maybe one year, can't remember now, such a ... It was such a blur back then. It was such a blur. But yeah, yeah.

Rick: And what made you go from doing the photography to the music?

Jimothy: [00:04:50] Well, I was on my software and I've always been into making beats. And basically, I was like I came back from like a party, I think it was like a rave or something, and basically, I was like let me, let me make a beat. By this time, I already had beats here and there, and maybe four or five beats. And then I made this one. I thought, you know what, let me actually write some lyrics to this, let me write some lyrics to it. I wrote the lyrics. I was like yeah, let me do the music video for it. I went straight it.

I called one of my guys up. I was like listen, man, you do your photography, I



need you to just film, don't worry, I'll let you know what to do. He pulls up, we film it. And the next day he shows me the footage; I'm like oh, not liking it. We go back, we do it again, and then I edited it quickly. From then, and that was just out on YouTube, like for me, myself, to just be [00:05:50], quote, I'm proud of what I've done, and for my friends to see it. And I didn't tell my friends about it. I didn't, you know; I was just like here, guys, I just did a video.

Rick: And what did they make of it?

Jimothy: [00:06:01] They were shocked, yeah, 'cause I've always been seen as like the weird one in the group, you know.

Rick: And so, were they impressed then?

Jimothy: I think some were, yeah. Yeah.

Rick: You say you reshot the video, so did you have quite a clear idea of what you wanted the video to feel like?

Jimothy: [00:06:17] Yeah, yeah. I already knew the location, the outfits. 'Cause at the time, that's when I also properly found my style, and I found my style way before, but this is when I was like cool, this is the style. So that, you know, from that it was very like, right, how am I, you know ... I can take photos, but, you know, let me put music. Basically, the music video was perfect for me, and music simply because I can show off my outfits and what, you know, my style, I should say, more than the outfits. But yeah, I knew the outfits, knew the location, knew what I wanted 'em to do. Yeah, yeah.

Rick: The outfits are, they're a big part of it, and your style.

Jimothy: Yeah, yeah.

Rick: And where did they come from?

Jimothy: [00:07:01] Well, they came from like meeting people in life. I mean I met, like when I was very young, must have been about 13, I was hanging out with this old friend of mine in Tufnell Park. And basically, he introduced me to his old friends, which were ... they were in their 20s and I was 13. And they were dressed very, very nicely. And then from there, I was like wow, like this is a very nice way of dressing, you know.

Rick: I love that.



- Jimothy: [00:07:29] Yeah, yeah, basically, yeah, so then I kind of like got influenced and did that. And then started, while I was doing this, I started realising like oh, like there's more nice people that are dressed like this, and the respect you get and everything, and the beauty and, yeah. Oh, yeah. But sometimes I will bang on, you know, for a grey tracksuit, but I will still give it a style, you know what I mean? Like it can't just any grey tracksuit, it still has to fit, you know, still has to be a certain, you know, yeah, slimness and stuff like that.
- Rick: You were diagnosed with dyslexia, right?
- Jimothy: [00:08:05] Yeah, I have dyscalculia which is dyslexia in maths.
- Rick: Oh, so is that with numbers?
- Jimothy: Yeah.
- Rick: So similar to dyslexia but –
- Jimothy: Yes, I can't tell the time.
- Rick: Okay.
- Jimothy: [00:08:12] I can tell digital but not the hands.
- Rick: But not analogue, OK.
- Jimothy: Yeah, yeah.
- Rick: And so, how old were you when you were diagnosed?
- Jimothy: [00:08:21] Oh, I mean you know what, I never even got diagnosed properly by a doctor, but it was so obvious. You know, me and my mum were kind of too lazy to actually go to the doctor's, basically, yeah, like, you know, the teachers were like yeah, like he can't read, you know, he's terrible at numbers, always needed a help in my table in primary, you know. By the age of like, oh, like three, four, five, really, everyone was ahead. Everyone was ahead. Everyone was putting their hand up, oh, I know this equals this, blah, blah. I'm still there, like what does equals mean, you know.
- Rick: Sure, sure.



- Jimothy: Yeah.
- Rick: So what did that mean for your schooling then?
- Jimothy: [00:08:58] So that made schooling very difficult. I always needed a help by then. From there, I went to a school specifically for people with difficulties in learning. That was very fun at first, but then it kind of got complicated, yeah. That's all I can say really about that for now.
- Rick: So the school that you went to, did you enjoy it? Was it useful, do you think?
- Jimothy: [00:09:26] It was useful for me to have a different understanding of life, but I wouldn't say, yeah, I wouldn't say ... If anything, it got me more lazy to get good at maths or writing. But I think yeah, it was good for –
- Rick: But benefited you in other ways.
- Jimothy: Definitely, yeah, yeah, put me in a different, a completely world.
- Rick: So do you think that's influenced your creativity now?
- Jimothy: [00:09:55] Definitely, yeah. If it wasn't for that school, I wouldn't be as creative as I am now, that's for sure, yeah.
- Rick: So you think you just have a different outlook on stuff?
- Jimothy: [00:10:07] Yeah, outlook on everything, you know, outlook on people, you know, social skills, you know, making music, clothing, everything. Because there was no one there to judge me, you know, so I was allowed to be in my own bubble. And then I started [describing] a lot of stuff from there. I was like, whoa, so, you know, I'm not being judged because of that. I'm not scared, and I'm not scared I'm doing things.
- And when you're not scared and you do things, that's when you do really well at it in life, you know. It put me in a mindset where I wasn't being judged and, because of that, I was able to actually explore things and create things in a different way. And then that's what made things quite exciting and interesting and yeah, it worked well for me.
- Rick: So you felt more free, I suppose, because you didn't have peer pressure maybe, in some senses.



- Jimothy: [00:11:01] Yeah like I didn't have pressure in general, peer pressure. No one was judging me and no one was there to criticise me, nothing, you know. And I think people, you know, some people say it's good to get criticised, but I think constructive criticism is good, you know, because yeah, criticism can seriously mess up someone's confidence to the point where they don't want to do it again. And then they really get nowhere, you know.
- Rick: And you're less likely to explore novel stuff, right, because if people are saying no, that's rubbish, you're like OK, OK, and you pull back and kind of end up being within yourself.
- Jimothy: [00:11:38] Exactly, yeah, exactly, yeah. No one was there to say anything, yeah.
- Rick: It's quite nice.
- Jimothy: Yeah, exactly, so I don't really ... That's why I don't regret anything, yeah.
- Rick: Did you grow up around a lot of music?
- Jimothy: [00:11:50] My sister really always played music in the house. I think that's where it was, so that naturally came into me, into my ears, you know. You know, she always had friends over and they always used to play music.
- Rick: So what kind of stuff, what kind of stuff did your sister and her friends play?
- Jimothy: [00:12:07] Like a lot of R&B, like hip-hop, garage, you know, like rock, stuff like that. And a lot of people were like, oh, so you know this person and you know this person, but I don't know who the hell that is. But then I hear a song and I know the lyrics to it, so that's what happens to me, yeah.
- Rick: Oh, so you're one of those guys who knows loads of music but couldn't, like wouldn't know the name of the song or the name of the artist necessarily?
- Jimothy: [00:12:34] Exactly, exactly, that's it, yeah.
- Rick: So are you a hip-hop fan?
- Jimothy: Yeah.
- Rick: Because hip-hop feels like the closest thing, I suppose, to what you do.



- Jimothy: [00:12:44] Yeah, yeah, yeah. See, it's interesting like, I love hip-hop, you know. And now the more older I've got and like the more I've realised what hip-hop is, and that's why I'm not like ignoring about it –
- Rick: What are you listening to at the minute?
- Jimothy: [00:12:59] So at the moment, oh, what am I listening to? I'm actually not listening to hip-hop at the moment, but at the moment I'm – what am I listening to? Like classic house, yeah, a lot of classic house, 'cause these days I'm very in ... I've got a lot of energy, and when I have a lot of energy I like to dance in my kitchen and in my room. So that's usually, yeah, house, yeah, classic house.
- Rick: Are you cooking in the kitchen or are you just dancing?
- Jimothy: [00:13:26] You know what, I'm not cooking at all, man, but I'm going to be cooking very soon.
- Rick: Are you?
- Jimothy: Yeah.
- Rick: What's on the menu?
- Jimothy: [00:13:33] Oh, rice, a lot of rice, a lot of rice and like very plain pasta. But I want to take it easy on the pasta, man, you know. I've got to be careful. I've heard things that kind of scare me.
- Rick: Oh, really?
- Jimothy: Yeah.
- Rick: What kind of thing?
- Jimothy: [00:13:49] Well, just gluten this, gluten that. I mean I went like gluten-free for like months, but I did this thing where I was, oh, I'll eat it once a month. And then I just didn't do that and ate gluten when I wanted, and that is how it is currently. But I am seeing, I don't know, like yeah, like I don't like to eat something and be like, oh, is this hurting me. So I do need to eat healthier. 'Cause back in the day, I ate so much healthier.
- Rick: How come?



- Jimothy: [00:14:15] Mm, less stress, I think. And it's not even that I'm more stressed now, but it's more like back then I was very, very distracted, to the point where I didn't have cravings for sugars and stuff like that, you know. And I'm distracted now, you know, quite distracted now, 'cause now I'm quite busy again, which is really good, and I can see myself eating a lot healthier now. But, you know, like last year I had too much free time, basically.
- Rick: Too much free time, too much sugar.
- Jimothy: [00:14:46] Yeah, 'cause you're just bored and you're craving things and then, yeah.
- Rick: I've got to ask you, have you got a favourite fruit, because I know that when you go in on fruit, you go in on it.
- Jimothy: [00:14:55] Yeah, I really do. At the moment, it's grapes. At the moment it's grapes. I don't like oranges anymore.
- Rick: Because you used to get through, what, five oranges in a sitting?
- Jimothy: Yeah, four oranges and like, if I peeled them, in 10 minutes.
- Rick: Wow.
- Jimothy: [00:15:11] But if I juiced them, like I don't know, like four minutes.
- Rick: But you've gone off them.
- Jimothy: [00:15:16] Yeah, 'cause basically like one, it was just taking ages, too much mess and then peeling was, you know, difficult, you know, don't have the nails for it. And I was still getting sick with colds, so I thought, you know what, this vitamin C, either I'm eating like really bad oranges or yeah. So then I was like, you know what, grapes are nicer, and then like right now it's grapes. Grapes, berries, bananas.
- Rick: You're getting through a bunch of grapes in a sitting?
- Jimothy: [00:15:49] Oh, yeah. Yeah, I've had like a whole pack, easy. Yeah, easy. It's hard to stop once I'm eating them.
- Rick: Yeah, they're like nature's sprinkles.



- Jimothy: That's it, yeah, 100%, you know. They're the sweets, yeah.
- Rick: So what's your day-to-day like then? How busy do you get? What are you working on at the moment?
- Jimothy: [00:16:09] I'm working on the album at the moment, and –
- Rick: How's that coming along?
- Jimothy: [00:16:13] Yeah, good, good. I'm just picking the songs now, yeah, got to make sure they're alright. Yeah, album and like clothing and stuff, and then like other side businesses. But I need to really, really make sure that I am not focusing on too many things. See, a lot of people say you can focus on loads of things, some people say you can't. I can't, I actually can't. So I need to be very clear on like this is what I'm going to focus on and if I want to do these other things, I need to make sure it's a very hands-off operation.
- Rick: Oh, just ... so you're someone who needs to do one thing at a time, so all your focus on the album and then, once that's done, move on to something else, and then ...?
- Jimothy: [00:16:57] Basically. And if I am in the situation where something else on the side does need to be done, I'll try it, yeah, and get someone to do it for it or something like that, yeah.
- Rick: And so album-wise, where are you working on that? Are you just working at home in your own studio setup?
- Jimothy: [00:17:12] Yeah. Basically, yeah, so I usually like do all the demos at home in terms of the vocals, and then I'll take it to an actual studio to like, you know, get a better mic and stuff like that, yeah.
- Rick: How's the music evolved? So I think your first video, the first video I saw of yours was 2017, so in that three years how has your music changed, do you think?
- Jimothy: [00:17:35] Yeah, I mean I have seriously changed, yeah, like so much. I mean the mindset's still differently, but I have learnt a lot of things. I think I wouldn't be, I can't really say or I wouldn't be able to pinpoint exactly what's changed, but definitely like maybe the way I look at things now, yeah.



- Rick: And are you recording in a different way? Is it a more ...? Well, you said, you know, you were going through like a recording studio to use better mics and stuff, how were you recording back in 2017?
- Jimothy: [00:18:14] The same way, the same method, but yeah, just on a really rubbish mic.
- Rick: Okay.
- Jimothy: [00:18:19] Yeah, yeah. And now, it's just way better. 'Cause at the end of the day, it's just like when I'm in my car or I'm in someone's car or at a party and then, you know, they play the old songs, I'm like holy crap, I should have got this mix and master, do you know what I mean?
- Rick: But did you not know about that kind of thing?
- Jimothy: No, not at all, not at all. I mean it still works and I think that –
- Rick: I think it does still work, yeah.
- Jimothy: [00:18:40] Yeah, it still works and there's a massive beauty behind that itself, you know, but –
- Rick: Part of the appeal of your stuff is it feels like you have total ownership over it.
- Jimothy: Yeah, yeah.
- Rick: So, sound, look, style, you know, it's very kind of cohesive, but it also feels quite DIY.
- Jimothy: [00:18:58] Yeah, it's great but it's stressful. As you know, it's just stressful 'cause there's a lot of ego behind that. And that's good, but at the same time, that ego thing can really mess things up like heavily, like serious. It can destroy someone's life. And I've seen that it's affected me in a negative way, so I'm working on that at the moment, yeah. Yeah.
- Rick: How are you working on it?
- Jimothy: [00:19:21] Well, you know, being open to trying new things, you know. I've always been open to try new things, but yeah, being more open to try new things and looking at the bigger pictures in life and thinking more forward and stuff like that, and thinking what my fans want, you know, what they they want



to hear, what I want to hear, you know. First, it's always me. If I make a song that I'm like, you know, wow, like this is making me cry, but all my fans are like we don't like it, I'm still putting it out. Like you know. But at the same time, you know, I do have to think in certain ways, yeah.

Rick: Would you collaborate with other artists?

Jimothy: [00:20:02] Oh, yeah, yeah, definitely, definitely. As long as the beat is good, I'm happy, and as long as I like their voice, that's a big thing. If I don't like the beat and I don't like their voice, it's not happening. I don't care how much fame you've got, it's not happening. I'd rather collab with someone with zero fame but an amazing unique voice, and, you know, an amazing beat, then I'm up for it, yeah.

[Music]

Rick: [00:20:27] Here's a quick message to remind that Who Says You Can't is brought to you by EE, the nation's number one network for 5G. If you're a streamer, a gamer, a VRer or a telly-on-the-go watcher, you're going to want some 5G on your phone. Uh, back to the podcast.

Rick: You mentioned your fans. How much dialogue do you have with your fans, how much do pay heed to what you think they want and like about you?

Jimothy: [00:20:53] Like what I am basically very aware of is, if I really like it, my fans are going to really like it. So I just kind of go through that. I'm never really making a song and being like, oh, are my fans going to like this bit, are they going to like that. You know, if I did that then that's when my music would ... like, yeah.

Rick: Would suffer.

Jimothy: [00:21:13] It would suffer, and I wouldn't be where I am now, yeah.

Rick: What are your fans like?

Jimothy: [00:21:18] Yeah, they're cool, you know. The real fans, you know, they're very positive, that they appreciate good music. So they're great, they honestly are great, and that's what really touches my heart, when times are tough and they're still there and I'm still seeing the same faces at the shows. And that's what really like motivates me.



- Rick: Do you enjoy the shows, you enjoy the lifestyle?
- Jimothy: [00:21:40] Yeah, I love the shows, you know, I love the shows, you know. Like it's just the funnest, the funnest thing I can ever do is being onstage and speaking to the fans. It's just, yeah, there's nothing like it. There's nothing like it, yeah.
- Rick: When was the first show?
- Jimothy: [00:21:59] The first ever show, I think 2017, but I'm not when in 2017. Or maybe it was 2018, actually, the very beginning of 2018. That was great though, 'cause I wasn't expecting so many people to come, 'cause I didn't expect the hype that it actually had. So then when I walked in the venue, I was like wow, like there's actually so many people here. And then I had my homemade stage and I performed, and I was like wow, this is it, like this is it, like this what's going to, this is what's going to go down for a while.
- Rick: Also, I've got to say, you've played Alma Street Fair in Kentish Town.
- Jimothy: Yeah, yeah, yeah.
- Rick: And I live round there, and I go every year, and it was cool.
- Jimothy: [00:22:45] Was you there in the crowd?
- Rick: I was there, yeah. It was good, it was really good.
- Jimothy: [00:22:48] Yeah, nice. Nice, yeah, that was a really, really fun show. I like, I really like doing those kind of shows, you know, small capacities, you know, but it's very open to all ages and stuff like that. You know, 'cause a lot of venues in London are like no age this, no age that, and, you know, and yeah, it's very like ... very chilled, open vibe. I love doing those kind of shows, yeah.
- Rick: We've got to talk about your dance moves.
- Jimothy: Yeah, yeah.
- Rick: They are unique. Where have they come from?
- Jimothy: [00:23:22] I think the same thing, like what I was saying earlier in terms of like seeing other people dance and seeing so many other people dance that it then gets moulded to my own kind of thing.



Rick: Do you feel ...? You were saying at school it was great, 'cause you didn't feel any pressure. Do you feel now that you have a fan base, you've got a reputation, people know you for a certain style of music, the way that you dance, the way that you dress, do you feel that there's pressure now to deliver, you know, when you bring out the album and you start doing more shows again?

Jimothy: [00:23:56] Mm, well what I would say is, if I was to let it get to me, yeah, I'd go crazy. But I don't, which is good. I've got a strong mind for me to realise like this is actually fine, you know. And I think that's why a lot of artists go crazy because they do let that pressure get over to their head and they forget how they got up there in the first place.

Then, you know, they're surprised if certain things slow down, they're surprised if they people, you know, people get angrier, you know. You've got to just be ... I basically just make sure that it doesn't get to my head and make sure that, you know, people are going to ... As long as I like it, I'm happy, basically.

Rick: What's your favourite track?

Jimothy: [00:24:41] My favourite track. It's interesting, because I love ... I used to say oh, this one, this one, this one, right. But now I've realised, every time I'm like oh, yeah, this is my favourite one, then I'll play another one. Oh, you know, no, this was my favourite. Actually, no, this one's my ... no, this one. So, honestly, I love them all.

Rick: For me, I think it's I Can Speak Spanish. I love it, and I really love the video as well. Superb.

Jimothy: [00:25:10] That one was, that one was interesting, because this is the craziest thing, I made that beat before the very first music video.

Rick: Oh, that's an old beat?

Jimothy: [00:25:18] Yeah, like a two-years-old beat. So, you know, basically, I made that beat, so TIMMY was the first video. Before doing that song, like I said, I had other instrumentals and I was already planning on doing music video. And I then did I Can Speak Spanish instrumental beat and I thought maybe this should go over TIMMY. And I was like no, no, no, TIMMY needs a different beat.



And then I completely forgot about the beat, completely forgot about it, and Dance to the Beat, posted the video on Instagram, and I realised that actually, yeah, it's actually a pretty good beat. My managers at the time was like, well, this is a good beat, this is a good beat, you should write to that. So that's good that, you know, I had that, you know. So it goes to them, you know, my respect goes to them, they're the ones that told me, bro, like this beat is really good.

Rick: Don't forget that beat.

Jimothy: [00:26:14] Don't forget that beat. And I think a lot of ... that's why as an artist in anything you do, you need someone there to be like, whoa, like this is good, do this. You know, no one gets anywhere by themselves; that's just not how it goes, you know. Everyone needs help, so yeah, yeah, it's like a two-year-old beat.

Rick: There's some interesting kind of tropes in your music videos where they're kind of drawing a bit on hip-hop in the way that there's like nice cars, girls, like stylish attire. But all that through like a Jimothy filter to me. So it's kind of, it's a bit like hip-hop, but it's also not like hip-hop.

Jimothy: [00:26:56] Yeah, yeah. I think yeah, I guess that's where the inspiration's come from. Yes, I do like my cars and I do like my women and I do like my style, you know. I think –

Rick: That comes across.

Jimothy: Yeah, yeah, it does, doesn't it, yeah. Yeah.

Rick: What's the future looking like for you? What does 2020 hold?

Jimothy: [00:27:16] Yeah, it's very exciting. It's very exciting, you know.

Rick: Will the album drop this year.

Jimothy: Hopefully, hopefully. It will, yeah, yeah.

Rick: Anything else that you can ...?

Jimothy: [00:27:28] Yeah, two new singles coming out, album, and then after the album a nice tour, a nice UK tour.



Rick: Yeah, are you going to go further afield than the UK, or don't know yet?

Jimothy: [00:27:38] Don't know yet, don't know yet, yeah. We've got to just like plan things out first, yeah.

Rick: Before we finish, we're going to do a little dive through your phone. You've got your phone with you.

Jimothy: Yeah.

Rick: So turn him on.

Jimothy: Yeah.

Rick: Can you open your browser, whatever you use, and tell me the last webpage you were looking at?

Jimothy: [00:28:00] I was looking at cars and the word pessimism.

Rick: And the word pessimism?

Jimothy: Yeah.

Rick: Oh!

Jimothy: Yeah, I just learnt that word recently, and Morrisons' vanilla extract.

Rick: Oh, yeah, getting yourself some vanilla.

Jimothy: [00:28:18] Yeah, 'cause I want to bake a cake, yeah.

Rick: Oh, of course, in the kitchen.

Jimothy: Yeah, yeah.

Rick: Yeah, when you're dancing, yeah, yeah.

Jimothy: Yeah, that's the thing, I'm going to get back into cooking, man, yeah.

Rick: And so with the car, were you looking at a car to put in a video, or ...?

Jimothy: [00:28:29] No, it was basically like the Mercedes I've got now is nice, it's B, it's



an old B, it's nothing crazy, nothing special, but it's OK. But I would like a new one in like a year, two years' time.

Rick: And you're talking classic Mercedes, like a 280SL or something?

Jimothy: [00:28:44] You know what, I used to love those, but the problem is, I've realised at the end of the day the new one's going to fuel my ego just as much. And at the end of the day, it's going to be more work, the other one, so it's like yes, fair enough, I'll look more cool or whatever, but the other ... I really like modern cars now, I will say, you know, but I don't think I'd ever do down-payments and stuff on cars, not anymore. I mean my mindset has changed so much now of all that stuff, [00:29:14] I mean all that materialistic stuff, yeah. Not good man, it's not good.

Rick: So you wouldn't go down the old Jaguar XJS route, sort of scene?

Jimothy: [00:29:24] Yeah, yeah, no, that one I would like, but I think that's the stuff I would get once, you know, like I've got, yeah, lots of wealth to the point where if an engine goes wrong, I'm not going to then start crying if I've got to spend 20,000, you know what I mean? It's like people don't realise that old cars –

Rick: Yeah, the upkeep's a nightmare, isn't it?

Jimothy: [00:29:46] Yeah, yeah, yeah, that's the problem, you know. But I would definitely love an old car, man, especially old Ferraris and stuff, like a Ferrari Testarossa.

Rick: Oh, beautiful car.

Jimothy: Yeah, yeah.

Rick: Those gills.

Jimothy: Yeah, yeah, yeah, yeah, exactly. And I'm not into –

Rick: I can see you in one of those, actually.

Jimothy: [00:30:04] Yeah, no, 100%, man. And I hate Lamborghinis, but the only Lamborghini I like is the Countach.

Rick: The Countach?



Jimothy: Yeah, that's the only one I like, yeah.

Rick: It's a classic, like just a super-fast angular wedge.

Jimothy: [00:30:17] It just looks ridiculous. It looks ridiculous, it's just so, it's ridiculous, yeah. Yeah.

Rick: I had a poster of one of those on my wall when I was a kid.

Jimothy: Is it? Yeah, yeah.

Rick: Beautiful car.

Jimothy: [00:30:27] Yeah, man, it's sick.

Rick: Okay, can you open your YouTube and click on the subscriptions button at the bottom. What's the top video on there?

Jimothy: Top video, Kittens with Mum.

Rick: Oh, are you a cat guy?

Jimothy: [00:30:47] Yeah, little bit. The guy called Robin [SCPla], he literally, so he doesn't talk. I don't think anyone knows his face, and he lives in a country where there's abandoned kittens everywhere. And then he just films them and feeds them.

Rick: I feel like I might go down a rabbit hole and watch a load of these.

Jimothy: Oh, honestly, yeah.

Rick: I'm just looking at it now and I like it.

Jimothy: [00:31:10] But I love, I love dogs as well. You know, it's funny, 'cause dog, a lot of dog people that I know hate cats, but cat people love dogs and cats. That says a lot, doesn't it?

Rick: I think, I mean I'm a cat person but I also like dogs.

Jimothy: [00:31:23] Yeah, that's good to know, man.

Rick: You subscribe to a lot of channels on YouTube?



Jimothy: Yeah, like loads of, like one free to musicians and then –

Rick: A load of cats.

Jimothy: [00:31:35] A load of cats, and then just like self-help people.

Rick: Okay, that's why you're looking up pessimism.

Jimothy: That's it, yeah, yeah.

Rick: Get rid of pessimism.

Jimothy: [00:31:46] Optimism, optimists and pessimists, yeah.

Rick: Optimism's the way to go, I think.

Jimothy: [00:31:52] Definitely, definitely, man, yeah. Yeah.

Rick: Can you show me the last photo on your camera roll, and we can decide whether we're going to describe it to the listener or not. What have you got?

Jimothy: Okay. A door [overtalking 00:32:07].

Rick: Oh, it's a door at Chalk Farm?

Jimothy: Yeah.

Rick: That looks like you've taken that by mistake to me.

Jimothy: [00:32:14] Yeah, I probably did take that by mistake, yeah. Yeah, just –

Rick: But keeping it real on the tube though.

Jimothy: [00:32:22] Oh, yeah, man. I'm always on the tube, man, I'm always on the tube, you know. That's another thing, you know, I've got songs about me on the tube. It's got to be done man, it's quick, you know what I mean?

Rick: Can you open your whatever music app you use, tell me the last thing you were listening to?

Jimothy: [00:32:40] Last thing, one of my own songs. Yeah, literally.



Rick: That's really good.

Jimothy: Amazing, you know.

Rick: Okay. The song you were listening to before one of your own then?

Jimothy: Before, oh –

Rick: Oh, we're scrolling down a long way here, it's mainly you, isn't it?

Jimothy: [00:32:53] Yeah, another song as well of mine. This is the –

Rick: You're a fan of your own work, nothing wrong with that.

Jimothy: [00:32:59] Oh yeah, man. I was at a party recently and I was playing my own music to my ears from my phone. This one girl was like so weird, you're so weird, aren't you, playing your own music.

Rick: I like the fact that you enjoy your own stuff.

Jimothy: It's got to be done man, it's got to be done.

Rick: Okay, after that isn't you that you were last listening to then.

Jimothy: [00:33:20] Let me go on the YouTube song playlist, 'cause that's the one I get the proper history.

Rick: Okay.

Jimothy: [00:33:25] Octavian, Death of a Traitor.

Rick: Oh, nice.

Jimothy: And then this girl called Hook.

Rick: Oh, I don't know her.

Jimothy: [00:33:31] She's new. I literally discovered her recently. She's sick.

Rick: Yeah? What kind of thing?



Jimothy: [00:33:37] Like hip-hop, but it's like over a really aggressive beat, and the way she's like rapping is really aggressive. I really like her.

Rick: Hook?

Jimothy: Yeah, her name's Hook, yeah, H-o-o-k.

Rick: It's a good name as well, isn't it?

Jimothy: [00:33:47] Yeah, not a bad name at all.

Rick: Octavian and Hook, OK. And do you use your notes app at all?

Jimothy: Yeah, yeah, yeah.

Rick: Let's have a look, last note in there, please.

Jimothy: [00:33:58] That, yeah, I've got thousands in here, My Weaknesses.

Rick: Oh, your weaknesses?

Jimothy: Yeah, yeah.

Rick: How long is that list? You don't have to –

Jimothy: [00:34:06] People do things [overtalking] by, really, isn't it?

Rick: No, no, no, no, genuinely, I've just looked at it. It is My Weaknesses. You don't have to tell me what they are if you don't want. How many on the list though, how many are we looking at?

Jimothy: So far there's... there's so much more. I'm just going to –

Rick: That's alright, that's a work in progress.

Jimothy: [00:34:19] Basically, exactly, basically every time I go through something that I'll remember and then put it down in my phone, I need to be aware of this, man. I need to be aware of this, yeah.

Rick: So what are you going to do with the list once you've finished it?

Jimothy: [00:34:33] Tell everyone I work with, so then they're aware of what my



weaknesses are, what to help me or, yeah, to like work with me.

Rick: Yeah, look out for this.

Jimothy: Yeah, basically, look out for this and, you know, yeah.

Rick: Go on, give me one, give me one weakness.

Jimothy: [00:34:49] Cool, hopefully it's not too mad.

Rick: You choose.

Jimothy: [00:34:53] Yeah, so getting offended or angry or paranoid about someone saying something to me, because I'm sensitive and have a big ego.

Rick: That's a good one.

Jimothy: [00:35:04] Yeah. Basically, what I've realised is, a lot of people are, oh, that person's so rude, oh, that person's so rude. But what's actually going on? Sometimes they are, but what's actually going on is, you just have such a big ego and you're also sensitive, or just one or the other, that you feel like everyone's out to get you for like, oh my God, this person's just offended me. And I do have that a bit, so which I've, you know, it's like worked on so well now.

Six year ago, I was terrible with that. I think I've, you know, I thought everyone was telling me off. That's why in school every time I got told off, I'd go crazy, you know, or someone told me not to do something, or stuff like that. It really affected me. But now it's like no, this person is just being honest, or this person is just being straight up, you know. They're not being rude. But sometimes they are being rude and, you know, so I'm getting better.

Rick: So just identifying what people's intention is.

Jimothy: [00:35:56] Yeah. And it's because I'm now aware of my ego and me being – 'cause I'm very sensitive to people's energies, I'm very sensitive to that. So I'm aware of this and then I'm aware of the root cause, and then I can really analyse whether actually, you know, am I being paranoid.

Rick: And I also saw your locked screen. What's written on it?

Jimothy: [00:36:19] So analyse your whole day.



- Rick: Analyse your whole day. Okay, so at the end of each day, do you do that?
- Jimothy: [00:36:26] I have like this thing where I can get really crazy at the end of the day and upset with myself because it's like I've not done anything today, I've not worked on anything today. But I usually do work on a lot of things and I usually do go through a decent amount of progress a day. So then what I do is basically look back on the path and actually realise, oh look, I did this, I did that, I did this, this is actually pretty good. And then I relax.
- So most of the time it's just analysing the whole day in case I get depressed, in case I get annoyed, in case, you know, I think I'm, you know, procrastinating or whatever, you know, 'cause that ... But that's absolutely normal with artists and, you know, entrepreneurs and people where they want to, you know, think big and always work on new things and projects and stuff, where they never feel enough is enough.
- Same with bodybuilders, they never ... that's why they get bigger and bigger. It's like I'm not big enough, I'm not big enough, you know. So I need to basically, yeah, like slap myself and be like, whoa, relax, you've actually done [00:37:26] alright. And then I won't go crazy.
- Rick: Are you a bit obsessed with productivity?
- Jimothy: [00:37:31] Yeah, yeah. Yeah. The reason is, I love to work hard so I can chill hard, you know what I mean? So I can like work hard and then like do an all night with friends and stuff like that, and then I won't feel bad about it, 'cause I like doing that. And I actually, I like working, but I'm also very aware that getting burned out is the worst thing that could happen.
- Rick: But I think that, yeah, like you say, it's quite common for people who are creative, who want to be productive, that they feel that they have to earn those times when they chill. And so if you get to the end of a day and you're like yeah, I've achieved some stuff, you're like great, now I can, you know, let my hair down for a bit.
- Jimothy: Exactly. Exactly.
- Rick: But then you kind of, that's like a cycle, isn't it?
- Jimothy: [00:38:14] Exactly. It's good and bad. It's good because you end up, you know, getting things done. It's bad because if you don't, if you aren't aware of it and



you don't actually take control of it, you'll end up burning out, and then you'll end up not working at all. And then you can end up in a very bad place. But because I'm aware of it, I don't end up in a bad place, which is good.

Rick: Because you've got your locked screen.

Jimothy: [00:38:37] I've got the locked screen.

Rick: And it reminds you, analyse your day.

Jimothy: Exactly, exactly. There you go, there you go.

Rick: So, if people could take one message away from your journey so far, your story so far, what will it be?

Jimothy: [00:38:57] So much stuff. But I think one of ... another thing that's a main thing, but, 'cause all the things makes it the main thing, but basically one thing would be, you know, don't get lost and stay on the path. That's the biggest thing, don't get lost and be very clear on what you want.

And if you change your mind, that's absolutely fine, just make sure you're around people that understand you when you change your mind, 'cause then you don't want them thinking you're simply crazy. I mean artists are crazy, but, you know, I guess they need to be aware that you're an artist, basically, so you're going to have moments, you're going to have this, probably that, and certainly other things, you know.

Rick: Do you have long-term goals?

Jimothy: [00:39:45] Long-term goals are fine, but I always end up changing my mind so much on things, you know. So, right now, I'm trying to do like five-year goals, which is quite easy. It's more like OK, in five years I want to be here. But that's as far as I go. Maybe that's also one of my weaknesses, the eye is actually, you know, planning ahead and stuff, yeah.

Rick: Get it on the list.

Jimothy: [00:40:07] Yeah, it's already there, actually.

Rick: Okay.

Jimothy: There you go, yeah.



Rick: Jimothy, it's been an absolute pleasure. Thanks for talking to me about your [success].

Jimothy: [00:40:12] Yeah, amazing, thank you so much, thank you.